

LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI
8H DUO				8H MAT PILATES 1	
			9H TRIO REFORMER 1	9H TRIO REFORMER 1	
			9H Pilates SWISS BALL		9h30 TRIO REFORMER 2
10H TRIO REFORMER 2					
10H MAT PILATES 2	10H TRIO REFORMER 2	10H DUO	10H TRIO REFORMER 1	10H TRIO REFORMER 3	
					12H TRIO REFORMER 1
	12H TRIO REFORMER 3				
12H30 MAT PILATES 2			12H30 MAT PILATES 1	12H30 MAT PILATES 1	
12H30 TRIO REFORMER 1			12H30 TRIO REFORMER 1	12H30 TRIO REFORMER 3	
	14H TRIO REFORMER 1				
		17H TRIO REFORMER 1			
18H DUO	18H MAT PILATES 2	18HTRIO REFORMER 3	18H MAT PILATES 1	18H MAT PILATES 2	
		18H MAT PILATES 2	18H TRIO REFORMER 2		
19H MAT PILATES 1		19H TRIO REFORMER 2	19H TRIO REFORMER 1		